

Comfort Splint Thermo Splint

Care for the appliances:

It is essential that the patient is instructed in the proper care of the splint. This includes the following guidelines:

1. It is **VERY IMPORTANT** to have the patient soften the appliance under warm water prior to its placement.
2. Never allow the appliance near high temperatures or allow it to dehydrate for more than 24 hours.
3. The appliance should be kept moist when not in use. A retainer case works nicely. The patients should simply place the appliance in the case with a small piece of wet paper towel.
4. The appliance should be hardened under cold tap water prior to cleaning. Brushing with a soft brush and toothpaste, or soaking in denture cleaner, is all that is needed.
5. Removal of the appliance is best accomplished by using equal pressure on both sides of the mouth. This will minimize the chance of damage to the resilient portion of the appliance.
6. If at any time the patient has problems removing the appliance, hold warm water in the mouth for several minutes to soften the appliance. DO NOT FORCE it out.